



DUNMORE LANG COLLEGE

Spring

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# NGARRA

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# Welcome

## CONGRATULATIONS MRS MARGOT DOUST

It is with great pleasure we record our best wishes and thanks to Mrs Margot Doust on her ninetieth birthday this month. Mrs Doust's long association with the College began in 1968 when she joined the Building Fund Appeals Committee which helped to establish Dunmore Lang College. She also served on the College Board from 1974, including nine years as the Chair. In 1979, following the launch of the Dorothy Knox Bursaries, she was a founding member of the Scholarships Committee and continues as an active member with a deep interest in the well-being and progress of our students.

In 1993 she published a historical monograph capturing the trials and tribulations of the College's beginnings from the formation of the first planning committee in 1948 through the long and patient work of that first group as well as the subsequent committees until they finally realised their vision of a Residential College for rural and regional students on the 29th of April, 1972.

It is a great privilege to work with Margot in my role as Principal. Her passion for education and commitment to ensuring we remain focused on our founding mission of facilitating access for students from rural, regional and remote areas as well as her memories of working with Miss Dorothy Knox and the other founders keep us grounded in our history while at the same time ensuring we look for new opportunities to develop and find new ways to articulate our core mission and values.



**Ngarra**  
means 'listen' in the  
Darug language

## ACKNOWLEDGEMENT OF COUNTRY

Dunmore Lang College acknowledges the traditional owners of the land upon which the College is situated.

The College also acknowledges the generous contributions of the Walanga Muru staff and especially Aunty Elaine Chapman as the College's Indigenous pastoral care adviser.

In 2014, we were honoured to name the College magazine, *Ngarra*, which means 'listen' in the Darug language and we are grateful for the invaluable assistance provided by Mr Chris Tobin, Uncle Lexodious Dadd and Aunty Elaine Chapman in assisting us with this.

This shared journey is deeply rooted in the College's history and it is our privilege to continue the legacy of Miss Dorothy Knox, who established the College, and Rev John Dunmore Lang, our namesake, who were both strong advocates for the rights of Indigenous Australians.

## VALE PROFESSOR BRUCE MANSFIELD

In September this year we received the sad news of the passing of one of our founding members, Emeritus Professor Bruce Mansfield AM. Professor Mansfield was appointed as a member of the Provisional Council in 1967, working alongside Miss Dorothy Knox and Mrs Margot Doust as a representative of Macquarie University. Professor Mansfield was a member of the first Board of Directors from March 1970, including several years as the Deputy Chair, until his retirement from Macquarie University in December 1985.

During the eulogy from Prof. Bruce Mansfield's son Prof. Nick Mansfield (Dean – Higher Degree Research at Macquarie University), acknowledged the synergy and relevance of his father's values and commitment to "education as the purpose of life itself. You go to school and university to learn, but that is also the reason you read, go to galleries and concerts and travel, to learn more about people and what matters to them. Education is life." His views resonated very much with the College today.

A commitment to open dialogue, listening with respect to competing ideas, and a focus on education as being more than classrooms is something we hold as central to the role of a Residential College. From the scholarship programme to student leadership training and opportunities, the senior student programme, working with the Macquarie University PACE unit to fostering mentoring opportunities with alumni and friends of the College, we are fostering a community of future leaders informed by core ethical values but also committed to questioning how things are and imagining how they might be.

Professor Mansfield's contribution to the College and higher education are commemorated on page 18.

*Alasdair Murrie-West*

DR ALASDAIR MURRIE-WEST  
PRINCIPAL



WITH DR JANE GOODALL'S VISIT TO MACQUARIE UNIVERSITY RECENTLY, THE COLLEGE, DUE TO THE GENEROSITY OF MR JOHN AND MRS YVONNE ALMGREN, WAS ABLE TO OFFER THREE STUDENTS THE OPPORTUNITY TO ATTEND HER LECTURE. BELOW IS THE TRANSCRIPT OF THE ARTICLE PUBLISHED ON THE MACQUARIE UNIVERSITY WEBSITE AFTER DR GOODALL'S VISIT AND OUR STUDENTS' REFLECTIONS ON THEIR EXPERIENCE OF HEARING HER SPEAK.

As she greeted the sold-out crowd of more than 400 guests at her lecture at Macquarie University, Dr Jane Goodall DBE spoke in a language very familiar to her – that of the chimpanzee. Luckily for the audience, she also provided the translation of the traditional greeting shared among the animals with whom she is so familiar.

"This is me. This is Jane."

The world-renowned conservationist is in Australia speaking to audiences around the country on how people – particularly youth – can help contribute to a more sustainable future.

In 2016, the Jane Goodall Institute Australia (JGIA) launched its Roots & Shoots Australia National Youth Leadership Council (NYLC) to provide an opportunity for young Australians to pave the way for the next generation of conservationists.

"To most of us here, Jane is a personal heroine. She has come to embody the spirit of our planet better than anyone else," said Danielle, one of the NYLC New South Wales representatives and a law and psychology student at Macquarie.

From a very early age, Dr Goodall was fascinated by animals and said the person to whom she owes the most for being where is she now is her mother, who nurtured her scientific curiosity.

"We can't choose our own mothers. I was just lucky," said Dr Goodall.

At 10 years old, Dr Goodall bought a copy of *Tarzan of the Apes* from a local second-hand bookshop and said that was when her dream really began.

At 23 years old, she travelled by boat from England to Africa and in Tanzania, she made her breakthrough discovery that chimps were toolmakers, thus leading to the financial support she needed to continue with her research.

She went on to receive her PhD from Cambridge University and it was during this time that she attended a conference where scientists presented confronting evidence about the plight of chimpanzees in Africa.

"I went into that conference as a scientist. I left as an activist," she said.



And activist she has become, travelling 300 days a year at 83 years old to speak to audiences around the world with her message of conservation and hope. Through her work, she has inspired generations of conservationists and rewritten our understanding of the animals to which humans are most closely related – the chimpanzee.

"If there was one person who has had an impact on people worldwide – millions if not billions of people – it is Dr Jane Goodall," said Deputy Vice-Chancellor (Research), Professor Sakkie S Pretorius. "It must be very rewarding to have that kind of career and positive impact worldwide."

Don't give up. That's the message I take to young people around the world

So how does Dr Goodall feel about the planet's chances for a better future? Hopeful – thanks in part to the resilience of nature, the power of social media, and the difference young people can make.

"Don't give up. That's the message I take to young people around the world," she said. Later she added, "Each and every one of us has this indomitable spirit inside of us. We just have to nurture it and let it out."

Read more: <http://www.mq.edu.au/newsroom/2017/06/22/dr-jane-goodall-dbe-shares-inspiring-message-at-macquarie-university-lecture/#ixzz4m7QHUFBU>

## Student Reflections

Jane Goodall's lecture was amazing. It was a really inspiring and insightful glimpse into her vision for the future, and the way we as young people are the main protagonists of this vision. It was an empowering opportunity which was both practical and personal, and I hope to be able to utilise what I learned for the benefit of the world around me.

STEPHANIE MACARTHY-REECE, MARSDEN  
BACHELOR OF ARTS AND BACHELOR OF LAWS

Listening to Jane was both humbling and informative. Her approach was refreshing and natural as she spoke candidly about the ups and downs of her journey. It was clear her experience has provided Jane with perspective we all could learn from. She emphasised the importance of conservation but most importantly finding your own skill and utilising this skill to benefit the local community and environment. Jane also stressed consumerism as a powerful tool. Small efforts on a daily basis, including being mindful of how you spend your money, can make a huge difference to how corporations make decisions affecting the environment.

CAITLIN ENGLERT, ORANGE  
BACHELOR OF LAWS

Each and every one of us has this indomitable spirit inside of us. We just have to nurture it and let it out.





Congratulations to **REBECCA BANKS** (2010) who has been accepted as a PhD candidate at the University of Western Australia. Rebecca has spent a successful few years overseas at The University of Oxford.



Nicole, our Registrar, met up with **TAYLOR PARNELL** at the The Crows Nest Hotel by chance.

Principal, Dr Alasdair Murrie-West with **CARMAN O-MAN CHAN** (2003)



**DOUGLAS NEWTON** (1975-1980) and **RODERICK MILLER** (1975-1980) on a visit to College for lunch



In June this year, the couple returned to Dunmore Lang College bringing their twin sons, Austin and Justin with them. Having listened to the College balloon-proposal story dozens of times they understandably had their doubts whether it was all just "in their parents' heads" and perhaps even if the College actually existed.

The family only intended to briefly stroll around the College, but ended up being warmly received by College staff – Principal Dr Alasdair Murrie-West and Registrar Nicole O'Keeffe. The presence of a college Principal surely made the occasion more 'solemn and credible', removing any lingering doubts Austin and Justin might have had as to whether the whole thing was just fiction. Nicole showed the family around and Barry, a sports enthusiast, was stunned to see the billiard and table-tennis tables. Winnie was surprised (but approving) to learn what used to be daily dessert at dinner time was now cut down to twice a week and included fresh fruit salad and yoghurt.

"The place is different – a lot more vibrant and modern but the warmth, the friendship, the love, and of course the yellow brick walls, are all still there."

Barry is happily retired from his last job as CEO of a company listed on the Hong Kong Stock Exchange. Winnie enjoys her challenging yet rewarding career in the administrative service of the Hong Kong SAR Government.

**BARRY HO & WINNIE NG, HONG KONG**

## ALUMNI *Winetasting Event*



**THE FIRST MAJOR EVENT ORGANISED BY THE NEW DUNMORE LANG COLLEGE ALUMNI ASSOCIATION WAS A WINE TASTING HELD AT COLLEGE ON SATURDAY THE 7TH OF OCTOBER.**

Over 60 members of the College Alumni community attended the event including members who were at College in its very first year to the most recent Alumni members from 2016.

The evening commenced with speeches from College Principal, Dr Alasdair Murrie-West and President of the Alumni Association, Josh Logan.

The wine tasting included a suite of interesting red and white wines sourced from New South Wales and Victoria introduced by Sommelier, Julian Todd. The evening included a trivia quiz with some difficult questions about College that really tested memories although the College magazine at everyone's place setting provided some clues as did Alasdair's speech.



## *25 years of Romance*

22 July 1992. A very special moment was about to happen in room 320 of Dunmore Lang College. Balloons and ribbons were floating around the ceiling and a nervous Barry had written on one of the balloons (in Chinese) – "Will you marry me?" He handed a blank balloon and a felt pen to Winnie, and waited for her answer...

Instantly, Winnie grabbed the felt pen and wrote "Yes I do" on the balloon. Did she hesitate at all we asked? Well, yes, she did ponder for a bit, but that was partly pretending and partly posing for a photo.

Barry and Winnie were both taking a Masters degree at Macquarie University – Barry a Master of Applied Finance and Winnie a Master of Economics. By the end of the year they had graduated not only with their degrees but also with a marriage that has lasted for a quarter of a century and beyond. After leaving Dunmore Lang College they completed an MBA together at the University of Sydney before returning to Hong Kong, their homeland.



# DOROTHY KNOX EVENT

ON THE 23RD OF MAY BOARD AND COMPANY MEMBERS GATHERED AT THE COLLEGE FOR THE 47TH ANNUAL GENERAL MEETING.

Apart from being a little earlier in the month there was something else that made this evening special. It was on the same evening the new Dunmore Lang College Alumni Association held its first meeting.

Spearheaded by Josh Logan, (2011-2013), the Association is keen to encourage new and old members of the College alumni to re-engage with College on a more regular basis. The Alumni Association is planning regular functions and has been working hard behind the scenes with a new Dunmore Lang College LinkedIn page as well as revamping and reinvigorating the Alumni Facebook page.

At the conclusion of the AGM, Company members joined with the Alumni Association to hear two student presentations about their work in the community. Jesse Slok spoke about Bawarra the charity he has established with another College student, Jackson Whiting, and friends from Macquarie University. Bawarra is developing a digital indigenous library for Aboriginal school students in remote and rural schools to engage with the stories, culture and knowledge of their elders and area in both English and Aboriginal language with the aim of increasing their connection with their communities and schools.

Maddie O'Grady-Lee spoke about her charity which supports young people with mental illness through her organisation High Tide and her experience of being short-listed for the Dalai Lama Peace fellowship. Their presentations were followed by drinks and canapes in the College foyer.



IT TOOK TWO YEARS OF PLANNING AND JUGGLING DATES BUT THIS YEAR WE WERE ABLE TO SUCCESSFULLY LAUNCH A MENTORING PROGRAMME TO SUPPORT A GROUP OF YEAR 12 STUDENTS FROM MARSDEN HIGH SCHOOL.

The idea for the programme began after Dr Kath McLachlan, Academic Director of PACE for the Faculty of Human Sciences at Macquarie University, suggested the College consider running a programme to assist Marsden High. After many breakfast meetings our Liza Allen, Dean of Students, and the Deputy of Marsden High, Margaret Paczkowski hosted the first session in May this year at Dunmore Lang.

The programme provides these students with a small taste of life as a University student and equip them with some of the skills required for success at University in the hope that some may decide to continue on to tertiary education. The programme has included information on time management, digital literacy skills, a tour of the College and University, and much more.

The secret weapon is a dedicated group of Dunmore Lang College students from across the year levels who act as mentors to the Year 12s.

Within five minutes of the first session commencing it was plain to see that mentors and mentees clicked with the conversations flowing and plenty of laughter around the room.

The programme has been particularly valuable to both our College mentors and the Marsden mentees giving College students an opportunity to step up into a leadership role and the Year 12s the opportunity to hear our students' experiences of University life and learn skills for the future.

The College is hoping to continue this valuable programme in the coming years.



## Rice Baby Rice

AS AN ISSUE THAT IS SO WIDESPREAD THROUGHOUT THE MEDIA, MANY PEOPLE HAVE GROWN ACCUSTOMED TO THE IDEA THAT THE DEATH AND SUFFERING OF REFUGEES IS JUST 'ONE OF THOSE THINGS.' SEEING THAT THIS WAS A PREVALENT AND SERIOUS ISSUE, KATIE AND HANNAH DECIDED TO TAKE THE ACT FOR PEACE RATION CHALLENGE AS A WAY TO RAISE AWARENESS AND MONEY FOR COMMUNITIES THREATENED BY CONFLICT AND DISASTER, AND TO GIVE REFUGEES THE SAME PRIVILEGES THAT WE OFTEN TAKE FOR GRANTED.

### DAY 1

We began the morning of the challenge with a cup of plain black tea and, after saving our teabags to reuse later, perused the meal plan that we had created for the upcoming week. We had allocated an exact quantity of food for each meal so as not to overindulge or restrict ourselves too much, and aimed to make a conscious effort to eat slowly and drink lots of water. We were excited to begin and the first thing on the menu was flatbread.

Almost an hour and a half later, ten pieces of misshapen dough that would feed us for the week sat amongst the mess of flour on the table. Despite the mess, we felt so accomplished; like two self-taught bakers who could produce dough from a bag of flour and some tap water. We fried them with some vegetable oil, and by lunchtime we were ready to indulge in our breakfast: one piece of flatbread each.

For dinner we ate a meal of rice and kidney beans, which set the pattern for the rest of the week.

### DAY 2

We attempted to make a lentil soup that took a moment to prepare, an hour to boil and a lifetime to eat. Our bowls of soup had the texture of foam and were so bland and unpleasant that we had to follow each mouthful with a gulp of water. However, we avoided discussing how it tasted and avoided complaining as we were fortunate enough to only be eating this for one meal and not for the next few months or even years.

For dinner we swapped the kidney beans for some frozen vegetables and after only two days, eating vegetables was already such a treat. We ate our meal in the dining hall and observed that our meal was about half the size of everyone else's and whilst we ate every last morsel of food on our plate, others were quite wasteful and food waste became such a frustrating thing for us to see.

"...food waste became such a frustrating thing for us to see."

### DAY 3

By the third day, we began to make some hummus and falafel mixture that we had prepared overnight by rehydrating the dried chickpeas from the ration pack. Even by the third day it was becoming an effort to eat rice for three meals a day, however we did

appreciate the convenience of a microwave and how easily we could cook and reheat our meals.

### DAY 4

Towards the middle of the week we were waking up tired and a little irritable as a result of our lack of sleep due to being hungry. The



most confronting aspect of this situation however was not the groaning of our stomachs, but the realisation that this is how millions of people live every day without any knowledge of where their next meal will come from. We felt so fortunate to be in a position to be able to see the light at the end of the tunnel, where in a few more short days we could eat wholesome meals again.

The most confronting aspect of this situation was the realisation that this is how millions of people live every day without any knowledge of where their next meal will come from.

### DAY 5

On the fifth day, exams were upon us and we were as irritable as ever. Tired, hungry, stressed and underprepared we made a lunch of falafels, rice, frozen vegetables and hummus in an attempt to somewhat replenish ourselves. One thing we had discovered the hard way at this point was that filling ourselves up on



water on the pretense of feeling full didn't work, it only created a great inconvenience that interrupted our study sessions with many, many toilet breaks.

### DAY 6

By day six we had grown tired and lethargic, however our efforts in making flatbread again for breakfast only took a fraction of the time compared to our first attempt.

We avoided the vending machines at the train stations and steered clear of the convenience stores as we travelled home.

### DAY 7

The final day was possibly the hardest as we were so close to the end that we could almost taste it. Almost. We became reclusive for a day, hiding during mealtimes and avoiding the topic of food with our families. When midnight struck, neither of us were awake to enjoy the freedom of food, but instead had collapsed, exhausted, into bed. The next morning felt like Christmas – we indulged in a breakfast which seemed so huge that we felt physically ill and couldn't eat properly again until dinnertime.

Overall, the week was a very humbling experience. Aside from discovering a newfound sense of self-control and perseverance, we both came away from the challenge with a greater appreciation for what is on our plates, how it is sourced and made, and how much excess is created from each meal.

Our attempt of placing ourselves in the shoes of refugees has been very confronting. Amongst the small and low-nutritional value of the rations that are provided, it is hard to imagine how refugees have to deal with this alongside the other struggles of safety, shelter, sanitation and hygiene, income and education in their everyday life.

It is easy to become disillusioned with the urgent and horrific reality of the situation, however with the \$2000 that we have raised, we are one step closer to ensuring that refugees have access to the necessities for a safe and healthy life.

KATIE HICKLING  
BACHELOR OF ARTS AND BACHELOR OF  
COMMERCE, PORT MACQUARIE



# Bawurra

DUNMORE LANG COLLEGE HAS A LONG AND PROUD HISTORY OF SUPPORTING AND ENCOURAGING ABORIGINAL AND TORRES STRAIT ISLANDER EDUCATION AND CULTURE. ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLES HAVE ALWAYS BEEN A CORE PART OF COLLEGE LIFE, AND TO SEE MANY INDIGENOUS ALUMNI PASS THROUGH ITS DOORS AND GO ON TO SUCCESSFUL CAREERS HAS ALWAYS BEEN AN IMPORTANT FOCUS FOR THE COLLEGE.

Many of the Indigenous students start to make an impact even before they graduate from Macquarie University and one student making a difference is current resident Jesse Slok. He is a Gamilaraay man from Tamworth NSW, and the co-founder and Chairman of the Bawurra Foundation. Bawurra aims to preserve and share Aboriginal and Torres Strait Islander knowledge with the Elders of tomorrow.

The organisation is still in its infancy, yet it has already seen huge success, connecting with the communities of Boggabilla and Toomelah in rural New South Wales. This passion to preserve Indigenous culture and knowledge was long engrained into Jesse, even before he stepped through the doors of Dunmore Lang.

"In high school I was part of a project called The Digital Elders Project, that aimed to record Elders information in the Tamworth region, operating with community leaders to preserve their knowledge and create a digital textbook for the Department of Education," he explained.

"I participated in the Elders project but ultimately the information that was gathered was left dormant on a website, and was never used. I felt very passionate about going out there and capturing these stories.

"After coming to university, Dunmore Lang and understanding the opportunities that I've been able to access, myself and a number of like-minded people decided to make a change and try and help young Aboriginal people around regional NSW with literacy."

Bawurra means 'red kangaroo' in the Gamilaraay language. It symbolises leadership and language, but also serves as a symbol for our country and culture. The goals of the foundation are to go into communities, connect with the Elders and encourage them to preserve and share knowledge and culture, record and publish that knowledge onto the Bawurra online digital library. Bawurra provides Kindles to remote schools to share that library with young Indigenous pupils. The Kindles are a tool, not just to preserve and teach culture, but to also help close the literacy gap between Indigenous and non-Indigenous people.

This has meant that Jesse and the Bawurra team have spent a lot of time on country,



learning important Indigenous knowledge that is to be preserved.

"Everything we do is based on respect," explains Jesse.

"In my perfect vision, we aim to have a strong, stable relationship with Aboriginal communities across Australia as well as with the Departments of Education across all states. By doing so we can be in schools operating the digital library for all students, Aboriginal and non-Aboriginal, providing them with access to high quality educational content on Aboriginal and Torres Strait Islander nations and peoples."

**"To develop strong community relationships, we go out and meet Elders, with land councils, with community leaders, and children. We develop an understanding of what cultural history and knowledge is important to them".**

"We want to make sure that the information we're preserving is information they want and are happy to help us preserve, so we develop strong community relationships with children, Elders and community leaders.

"We then look to develop relations with the schools and offer them content that the students can engage with and a digital library that requires little to no effort on their part that is a complementary piece of education in the classroom."



From an organisational perspective, the successes at Boggabilla and Toomelah have been an ideal starting point, proving to be a fantastic experience for members of the foundation personally, a major milestone for the company culturally, and an insightful experience for the children educationally.

"We have ticked a lot of boxes and completed a lot of journeys of our own," said Jesse.

"The big wins for us have been being able to connect with the students, and having the students connect with the content we provide for them."

"Seeing students transform from being disengaged and disruptive in their classrooms and shifting to being engaged with the content has been fantastic."

The Foundation has had many significant milestones in 2017, gaining many high profile supporters (including Macquarie University), staging events at Parliament House in Sydney (which was attended by many members of the Dunmore Lang College community), and gaining support from the New South Wales Department of Education. The Foundation still has high aspirations for the next five months, with plans to expand and be in ten communities by the end of the year.

Education is a vital tool in the steps towards reconciliation of the first peoples of our country, and to see members of our College community like Jesse take the lead in championing this shows there is a brighter future ahead for Aboriginal and Torres Strait Islander communities.

"I'm excited. I'm really excited. I see an opportunity for the preservation of Aboriginal culture, something in my life that I've been very fortunate to engage with," Jesse says.

"I would love to be able to preserve culture for all Aboriginal and Torres Strait Islander people, and have young Aboriginal, Torres Strait Islander and non-Indigenous people engage with it. It makes me excited that we're going to have an educational platform that Australians can use across the country to develop their knowledge and connect personally with Aboriginal Australia."

To keep up to date with the Bawurra Foundation's journey head to their website at [www.bawurra.org](http://www.bawurra.org), and follow their social media on Facebook, LinkedIn, and Instagram.

# Open Day

MACQUARIE UNIVERSITY'S OPEN DAY IS ALWAYS SUCH A BLAST!

Each year Dunmore Lang College sets up 2 stalls, one at the University and another in the College courtyard with student volunteers walking tour groups between the University and the College all day. This year we had a total of 25 student helpers and I have to say they all did an exceptional job!

Even though we were blessed with typical winter weather (reaching a top of 16 degrees) this didn't stop the endless flow of people approaching our stalls. In fact the cooler weather allowed many students and parents to relax in the Dunmore Lang courtyard and warm up with a freshly brewed coffee from our coffee cart.

Our Principal Alasdair and Dean of Students Liza were also conducting interviews on the day. They had the pleasure of interviewing many wonderful students, some of whom have already submitted an application for College in 2018.

In terms of the interest shown by parents and students, this felt like one of the most successful Open Days we've ever had. I'm looking forward to seeing many of the students we met on the day come to Dunmore Lang College next year.

NICOLE O'KEEFFE, REGISTRAR











Firstly, I would also like to pay my respects to the Wattamattageal clan of the Darug nation and to elders both past and present, as well as to all Aboriginal and Torres Strait Islander people here with me today. Thank you, Leanne, and thank you Professor Dowton for coming and showing your support for the launch of the University's Reconciliation Action Plan.

I'd also like to extend this thanks to everyone here today as this launch marks the beginning of a new journey for all of us. My name is Shantell Bailey and I am an empowered and educated young Aboriginal woman originally from Lithgow, NSW. I am also the first and only person in my family to go to university. Having almost completed my degree, preparing this speech allowed me the opportunity to reflect on some of the things that I've been able to achieve over the last five years. Writing this speech, however, was a lot harder than I thought.

As an Aboriginal woman, I've had the opportunity to travel overseas to study and engage in international conferences on human rights. I have had the chance to travel across Australia to learn more about our indigenous cultures and meet with Aboriginal elders to speak about some of the nation's sad realities. I've been able to engage in a number of legal internships, and was one of the first students at Macquarie to found a student group for Indigenous students, as well as represent Aboriginal and Torres Strait Islander students

across the university more broadly as an SRC representative. And over the last two years, I've been able to engage in a working group to develop the Reconciliation Action Plan we are here to celebrate today.

As I mentioned earlier however, I am still the first and only person in my family to go to university. I am the eldest of six children but do not know my family ancestry, and despite all my achievements and ability, statistically:

- There is still a 17-year gap between my mother's life expectancy and the life expectancy of non-Indigenous people in the same age bracket here today.
- There is an 80% chance that I will lose a friend or loved one who is also Aboriginal or Torres Strait Islander due to suicide, or I myself will suffer poor mental health due to intergenerational trauma alongside minority stress and micro-aggression.
- My own children will be 1.7 times more likely to be lost to infant mortality.
- My brothers and sisters are 15 times more likely to be imprisoned than their non-Indigenous peers.
- My cousins are 7 times more likely to be removed from their families.

The question I ask today is why?

Today is a positive celebration of our commitment to work towards achieving reconciliation. However, it is clear that by looking at these statistics, my reality and the experiences I've had greatly differ from the reality of many other Aboriginal and Torres Strait Islander people in this country today.

These statistics are confronting. They are uncomfortable. They are upsetting. But predominately the most challenging thing about these statistics for me is that they are not talked about enough. So today I'd like to open up the conversation.

I'd like you to think that considering what you know today, what does reconciliation really mean to you?

And furthermore, for any non-Indigenous people here today, how can we start talking with you about reconciliation more openly? Particularly when Aboriginal and Torres Strait Islander people in this country face such grave and serious realities in 2017.

To dig a little deeper to try to understand how we might navigate these difficult conversations that are yet to be had about reconciliation, I turned to one of my friends who is here today, who is not only a critical thinker but also an amazing writer.

He told me to look closely at Brené Brown, who is a psychologist from the United States who has spent her life exploring the concept of vulnerability. What I found from watching some of Brené's TED talks was that the only way she was able to do extensive research on vulnerability was by exploring the concept of shame.

Guilt is very different from shame. When we talk about guilt there is a significant focus on behaviour; for example, if you feel guilty, that guilt comes from having felt like you made a mistake which had an impact on another person.

Shame, on the other hand, is the feeling some people have when they feel like they are the mistake.

For me, hearing Brené talk about shame was the first time that I was able to acknowledge that even as an empowered and educated Aboriginal woman, I have carried my own shame as a burden for many years.

Essentially Brené describes shame as having a fear of disconnection. A fear that society has made you feel that there is something about you that people will see, judge and immediately disconnect from: That society makes you feel as if there is a part of you from which you fear people will disconnect with was a mistake.

In reflecting on what Brené speaks about in her work, I realised that for years my shame, which presses against my chest each and every time I talk, get political, advocate and step into my identity, that shame is intrinsically linked to my Aboriginality and the fact that historically in this country Aboriginality was seen to be a mistake.

“That shame is intrinsically linked to my Aboriginality and the fact that historically in this country Aboriginality was seen to be a mistake.”

This is really challenging for me to speak about as I'm standing here today as an advocate for my community and to speak about how important reconciliation is. However, at the end of the day as an Aboriginal woman, I carry a fear that people will disconnect from me if I tell them I am Aboriginal; as has occurred in the past.

What is even worse is that at the same time people disconnect they often also question my identity. This is a conversation I've had with people I trust but something I have never shared with my community.

For example, the first question some of my friends asked when I got into to university was 'how many ATAR points did you get for being Aboriginal?'

The first question I was asked when I went to my first SRC meeting was, 'You don't look Aboriginal, what percentage are you?'

One of the first Facebook posts I had to respond to during my time as a student representative was 'Why do all the Aboriginals get their own space on campus?' in words which were written far less eloquently.

On reflection, my shame is overtly correlated with all of these questions, which may seem somewhat harmless in reading them today, however each of these questions is also based on our society's misunderstanding of what it means to be Aboriginal.

What is important is that shame isn't constructive and is highly correlated with addiction, depression, poor mental health, violence and suicide.

In the context of our society and some of those statistics I mentioned before, it is clear that this information tells us a lot about who carries shame in our communities and also a lot about who carries guilt. When it comes to addressing the issue of race inequality and reconciliation, we cannot talk about it without addressing privilege, and we cannot talk about privilege without talking about shame and guilt.

Shame is not only an epidemic in Indigenous communities, but in our society more broadly. It is universal and can be felt by anyone based on their identity. Those who experience shame are often those who lack the ability to speak openly about their experiences.

I am tired of not having this open conversation.

If we're going to have this discussion about reconciliation into the future, we need to be vulnerable and we need to reach out to one another to talk about our collective fears when it comes to reconciliation. Do we run hand in hand into the sun today and say that having a reconciliation plan is enough? Or do we do something much braver and collectively come together to really understand what we mean by reconciliation today so we put this plan into action into our own communities?

My measure for reconciliation is that if I and those within our communities across Australia still have the fear that people will disconnect with them over their Aboriginality – despite how strong or empowered or educated we might be – then we have still not achieved reconciliation. This is the vulnerable conversation we need to have after today.

Throughout our lives we're often taught that vulnerability is a weakness. We're told not to show our flaws, not to let anyone see us cry, and to push on. Today I can 100% guarantee you that I will walk away after giving this speech and feel like I have a 'vulnerability hangover' because I was completely open with a group of people in a public place and for once let my guard down to discuss a feeling I've had my whole life, but rarely ever voiced.

However, vulnerability is not a weakness, it's a strength, and it's a realistic way of coming together to discuss what really matters. I am hopeful that my vulnerability in this moment will encourage change and for our community will be an accurate way for us to measure our achievement of reconciliation in the future.

While our Reconciliation Action Plan exists today, it will not become a living document until we physically engage and be vulnerable. More recently one of my friends, Bohdi, who is a student here at Macquarie, submitted an autobiographical account of what growing up as an Aboriginal person in Australia means to him for an anthology to be edited by Anita Heiss.

In his submission, he wrote 'We cannot talk about reconciliation without talking about shame, guilt and accountability, and the reality is that it is not a simple, easy conversation...

I think a lot of people are well-aware of the things they are ignoring, but in ignoring them and pretending they don't exist, this means further avoiding this uncomfortable conversation."

I think this truly summarises the work that needs to be done to achieve reconciliation today but also the difficulties we need to overcome by having those uncomfortable conversations. While this speech may seem removed from the concept of reconciliation in some ways, for me I see vulnerability as the only way we can come together to fully achieve reconciliation today. I could have spoken much more about how great it's been to be involved with the RAP working group, as it has and I thank those who were involved and how promising it is that we finally have a solid commitment in 2017, however now that the moment is here that we've all been waiting for, please remember that our work here is not done and that it's now time to take this plan and make it a reality.

I'd like to challenge you to think about the concept of shame and to engage in a conversation after this event where you too can be vulnerable.

What I have spoken about today isn't about how Macquarie University can reflect on reconciliation, but as the people who can change the landscape of this country, it's about how you can.

**SHANTELL BAILEY**  
GILLIESTON HEIGHTS, BACHELOR OF LAWS

“We cannot talk about reconciliation without talking about shame, guilt and accountability, and the reality is that it is not a simple, easy conversation...”

**BOHDI**  
MACQUARIE UNIVERSITY STUDENT



# College Ball 2017







# A visit to Israel

EARLIER THIS YEAR I WENT ON EXCHANGE TO ISRAEL PRIOR TO TRAVELLING IN JORDAN. I WENT TO STUDY BIBLICAL ARCHAEOLOGY WHERE THE COURSE FOCUSED ON THE ARCHAEOLOGICAL HISTORY OF THE ANCIENT NEAR EAST BETWEEN THE NEOLITHIC ERA THROUGH TO THE ROMAN PERIOD.



## Jordan

In Jordan I had one of the most incredible times of my life exploring the ancient city of Jerash, the magnificent site of Petra and the vast and seemingly endless desert of the Wadi Rum. I camped in the desert with Bedouins whilst children rounded up donkeys and camels and I explored monasteries, churches, synagogues, mosques and temples from many religiously significant sites.

Jordan was nothing like I expected. I felt safer for my entire stay there than I do in Sydney at certain times of the night!

Despite living in what the US calls a 'turbulent and war-prone area' Jordan was at peace with its neighbours, the people were friendly and had a genuine interest in the world around them. So many of the people I met were educated, well-spoken and worldly. It was more common for a person to speak three languages than one! However, as we left Jerash (in the north, past Amman, the capital), we noticed a change in the city.

What influenced me most was when we travelled through a refugee camp. Jordan shares a border with 5 different countries with its largest migrant intake coming from Syria. The refugee camps we went past in Jordan were packed and many people had been there so long they had begun to build permanent housing by making bricks or using left over materials from the streets.

It was seeing the refugee camps that inspired me to do something to help these people and take the ration challenge. The challenge Katie Hickling and I undertook raised \$2000 which will go to a refugee camp in Jordan, like the one I experienced to help provide food rations, sanitation, housing and education.

## A Reflection

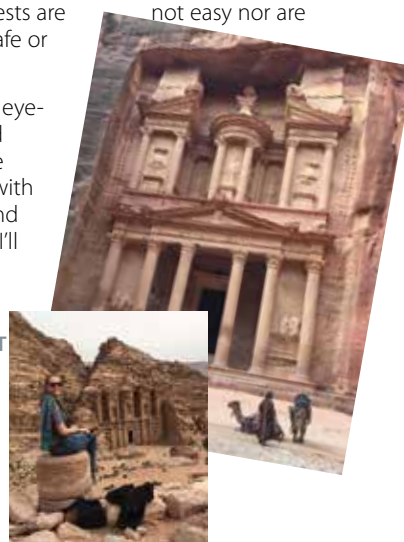
One of the things that struck me most about my exchange was how vastly different my experiences of the Middle East actually were in comparison to the Western media's portrayal of the region and what I expected.

Universities in this part of the world felt like the ones I imagined in history books... full of curiosity, passion and self-determination. Young people were passionate, driven and some utterly obsessed with what was happening in the world around them. Mostly I just felt that they cared. If these students thought there was something wrong they fought it and they fought passionately. Everyday there was a protest, students screamed at the top of their lungs and marched through the streets. They wanted change... they demanded it. Whether it was for rights, less taxes, more taxes, or the environment. They came out of their classes and gathered on the campus lawns; they debated politics, religion, philosophy and law. Each person had an opinion and nobody was afraid to share it. This is something that is just not seen in Australia to the same extent.

Coming back home and comparing the campuses, I feel the youth of Australia have lost passion, drive to speak up, complain and protest when there is something wrong. We whinge and whine about so many issues in our society... yet we do very little to protest about the things we raise. In Israel the youth are driving the nation, they have the power to influence government decisions – despite living in a strict regime with compulsory military service they are not afraid to stand up. However this is not a panacea for success. In a land where three of the largest world religions sit centre stage with many of their most holy sites as well as thousands of years of turbulent history, protests are not easy nor are they often safe or successful.

The trip was eye-opening and an incredible experience with memories and friends who I'll never forget.

HANNAH VOGEL, PORT MACQUARIE BACHELOR OF ANCIENT HISTORY



# 18 LESSONS from a novice traveller

SPENDING 363 DAYS ABROAD GIVES YOU A LOT OF TIME TO LEARN ONE OR TWO THINGS ABOUT YOURSELF AND ABOUT TRAVELLING IN GENERAL. AFTER WHAT SEEMED TO BE A LIFETIME OF EXPERIENCES, I COMPOSED A LIST OF LESSONS FOR MY FUTURE SELF FROM JOURNAL ENTRIES AND NOTES I MADE ALONG THE WAY.

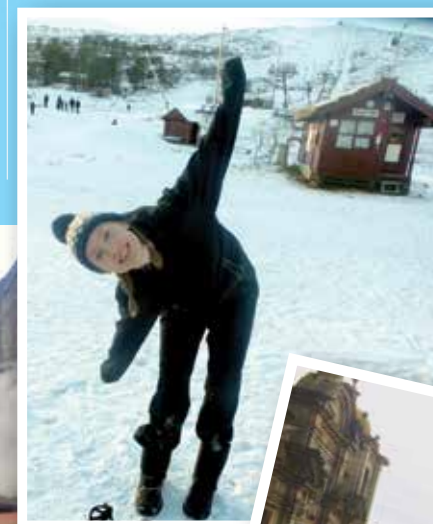
Here are some of the things I have learnt:

- 1 Take tissues with you everywhere... otherwise you'll end up blowing your nose with a sock
- 2 Always take spare socks
- 3 Allow for an extra 30% when you budget (because you'll really want that Picasso t-shirt and that watercolour set and excessive amounts of cheese and crackers)
- 4 You cannot live off cheese and crackers for three weeks no matter how much you want to
- 5 Keep in touch with everyone you meet (including that guy who took you out to the cinema and the girl you looked after in the bathroom of an underground club)
- 6 Try as many new things as you can (but avoid Italian pizza if your gluten intolerance won't allow it... trust me)
- 7 Dare yourself to do things (and when someone else dares you to eat the hottest currywurst in Germany, do it even though you'll regret it an hour later)
- 8 Never take a nine-hour coach. Ever.
- 9 Take pictures of everything and keep all of them (even if the glare of the snow has you squinting and looking rather unpleasant)
- 10 A sturdy pair of Doc Martens can and will take you anywhere (through snow, up mountains, into clubs and everywhere in between)
- 11 Sleep in an airport to save money but only once because you'll never want to feel that cramped or vulnerable again
- 12 Travel to every place you can (even if your stop in Slovenia is just to buy a handmade purse and get harassed by a man dressed as a giant lobster)
- 13 Collect something along the way (and run around Germany to find it when your bus is meant to be leaving)
- 14 Do kind things for people wherever you go; even if it is just giving a chocolate bar to a crying woman
- 15 Make your own opinions of things; no matter how 'overrated' people say the Mona Lisa is, you've just got to see it for yourself



- 16 Things never go to plan (like when you want to make yourself a nice breakfast but the eggs you bought are already hard-boiled and the croissants have marmalade in the middle)
- 17 Things always work out (even when you catch the wrong train to the wrong place and say the wrong things in the wrong language, you'll eventually get to where you were going)
- 18 Keep a notebook so that you can make lists like this to remind yourself of some of the best and most interesting experiences that you have had (visiting 23 countries in just under a year is bound to give you something worthwhile to write about)

KATIE HICKLING, PORT MACQUARIE BACHELOR OF ARTS AND BACHELOR OF COMMERCE

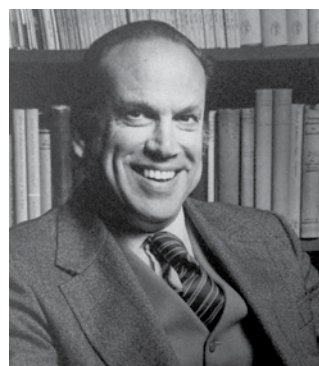




# EMERITUS PROFESSOR BRUCE MANSFIELD AM

## *Educator, reformer and Father*

EMERITUS PROFESSOR BRUCE MANSFIELD AM, WHO PASSED AWAY IN EARLY SEPTEMBER HAD A LONG ASSOCIATION WITH BOTH MACQUARIE UNIVERSITY AND DUNMORE LANG COLLEGE.



In 1965 he was appointed the first History chair of Macquarie University and later served as Deputy Vice-Chancellor (Academic). During his time at the University in 1968 he joined the Provisional Council which worked to establish the College and he served on the College Board for a number of years including several as Vice-Chair. The west wing of the original College building bears his name in recognition of his contribution to the College.

He died peacefully at his home on Saturday 9 September at the age of 91. The following excerpts are from the Eulogy read by his son Professor Nick Mansfield, that so aptly describes the man who devoted his life to the education of others.

"Dad was a scholarship boy. The families from which he came were devout, hard-working and modest. They were not highly educated people, they never had the chance for much education, but saw education not only as the path of social advancement but self-making, values that have continued in the family in my generation and beyond, to Dad's grandchildren. Education for both my parents is not a means to an end, but the purpose of life itself. You go to school and university to learn, but that is also the reason you read, go to galleries and concerts and travel, to learn more about people and what matters to them. Education is life.

Dad went to Knox between 1939 and 1943 on a scholarship and then to Sydney University. His original intention was to study Law but his passion for the Humanities soon overtook all else. His time at Sydney was interrupted, as we have heard, by his life-changing journey to Oslo in 1947. In 1949, he took on a temporary lectureship in History in Sydney University, confirmed as permanent in 1951, while he completed his Master's degree.

Dad's research in those days focussed on Australian History, Australian foreign policy and the history of the Labour movement. When he and Mum went off to England in 1953 on a Nuffield fellowship for a year, he also worked on William Morris. But increasingly, both in research and teaching, the Reformation was becoming his predominant passion. Through the late 50s and early 60s he advanced in the History department in Sydney, working on his first book, the life of the NSW politician Edward O'Sullivan, which appeared in 1965.

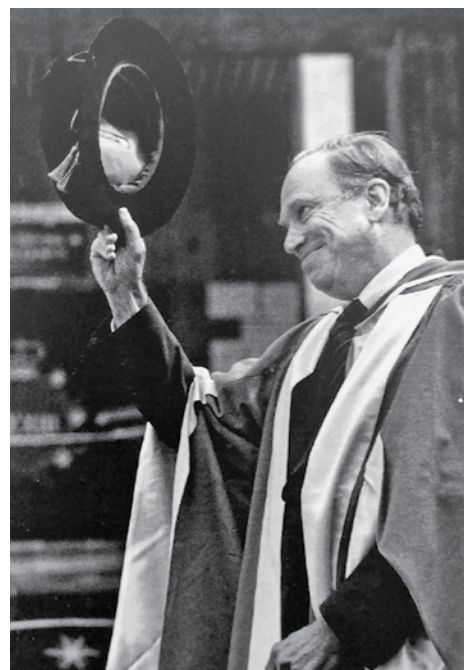
That was the year everything changed in Dad's academic career. We were in the US at Yale University in New Haven, where Dad was on sabbatical, when he heard he'd been appointed as the foundation professor of History at Sydney's new third university, Macquarie. Dad arrived at his office at Macquarie at the beginning of 1966. When I say office, he had a room in a cottage on the edge of the vast market garden in North Ryde that was to become the university campus, and I remember them using tea-crates as furniture, something as a 6 year old I thought incredibly exotic. I wanted a tea-crate for my toys too.

Dad worked hard with his new colleagues to build the History syllabus at Macquarie, making key appointments of young scholars who went on, themselves, to have distinguished careers across all fields of history. He served as the head of Modern History, but also as Head of the School of Historical, Philosophical and Political Studies for many years.

What impassioned those early years at Macquarie were its great innovations in university teaching, many of which have become normal in Australian universities today: supplementing lectures with small-group teaching, staff and students together in groups of 6 to 8, so the lecturer became someone to know and engage with, not a remote figure far away in a crowded lecture theatre; and enrolling students who were not straight from high school and thus giving an opportunity for education to people who had missed out, women especially who had never had the opportunity to fulfil their interests and potential when younger.

Dad was also very passionate about Macquarie's commitment to inter-disciplinary and general education, the way students could choose subjects from right across the humanities, sciences and social sciences to build an individual program where different approaches, different world-views and different values could all be in dialogue with one another.

It was not an easy time to be an academic leader, and Dad saw many of the values he held dear as a Christian liberal humanist questioned



and even ridiculed, but as a Professor and later as a Deputy Vice-Chancellor Academic, he never wavered in his commitment to a broad pluralistic education and to the frank and honest clash of sincerely held ideas and values.

To Dad, disagreement was not an obstacle to be overcome or a conflict to be resolved, but the rich fabric of academic life. To him, that people could get on, even as they disagreed about the things they were most passionately committed to, was the whole ethos of the academic world.

That commitment to openness and acceptance of disagreement was not just an intellectual commitment to Dad. It says so much about his temperament, and I know this best from his manner in the family. Conversation around the dinner table in our family was vigorous and passionate, and we were always arguing strongly held positions. Dad was always engaged, always listening, and above all, always respecting our point of view, even when we were irrational or pretentious or ill-informed. He always listened patiently and encouraged us to have our opinions. He never failed in his respect for what we said. In the family, he was a great presence and yes a figure of authority, but never a patriarchal one. He never needed to win an argument, never needed to have everyone pay attention to him, never needed to dominate, never needed to be treated as the most knowledgeable person in the room, even though he almost always was, never mansplained, never lost his patience or cool even when things he held dear were being criticised or misrepresented, never, not once did he ever need to have the last word."

The College has lost one of our foundation pillars but we have been left with the example of Professor Mansfield's commitment to not just education and scholarship but to the transformative effect access to education can have for individuals and their connected communities.

This is the foundational story of Dunmore Lang College and one we are proud to carry forward.

# VOLUNTEERING

IT'S NOT EVERY DAY THAT YOU HAVE THE OPPORTUNITY TO LIVE IN A VILLAGE AT THE VERY SOUTHERN TIP OF TAIWAN. VOLUNTEERING IN PINGDONG OVER THE JULY BREAK OPENED MY EYES TO A RURAL LIFE WHICH IS SIMPLE AND VERY DIFFERENT TO MY LIFE IN AUSTRALIA AND SINGAPORE.



# in Taiwan

After arriving in Taipei I started my adventure with a week travelling by myself from the North to the South of the island. My final destination of Pingdong was spent volunteering with children aged between 4 and 12 years old.

Apart from volunteering I wasn't sure what I was getting myself into the rest of my time, however my apprehensions were unfounded as this time was the highlight of my trip. I spent it keeping the children company, running a very simple baking class and teaching basic English to the children. This may seem boring and simplistic to many but it meant the world of difference to the children in the village.

Although English is one of the subjects in their curriculum the children were barely able to converse in English so most of my days were spent playing tag, singing, teaching them simple English words and... you guessed it, taking them to the toilet.

Taiwan is an advanced county but the demands and pressures of a population greater than Australia on an island half the size of Tasmania create some interesting differences: Most people commute by scooter

to get around as quickly as possible (especially up a hill at speed); you can't flush toilet paper down the toilet bowl (it clogs up, trust me), and many buildings are very old and without air-conditioning which was rather interesting considering it is often 37 degrees celsius in summer with high humidity.

Even though my trip was quite short it was nonetheless very fulfilling. I learnt a lot about Taiwanese culture and enjoyed helping and teaching the children. Most importantly, the trip served as a reminder of how fortunate we all are and how much we have to share with others.

YONGJUN MOH, SINGAPORE  
BACHELOR OF APPLIED FINANCE AND BACHELOR OF ECONOMICS

# THE ADVENTURES OF Dorothy & John

THE MARKETING TEAM HAVE BEEN BUSY AGAIN TRAVELLING AROUND NEW SOUTH WALES AS FAR NORTH AS LISMORE AND EVEN EXTENDED THEIR REACH TO THE WESTERN RIVERINA TOWNS OF LEETON, WAGGA WAGGA AS WELL AS ALBURY.

Liza, the Dean of Students and Nicole, the Registrar have been ably assisted by students as well as our every popular Lollies, Dorothy and John.

Our stalls at various career markets were always busy with enquiries from prospective students and their parents. Together with everyone's help the expos were a huge success!

Liza visited to some schools such as Kinross Wolaroi, Orange High School, Armidale High School and Duval High School as an extension to the marketing programme resulting in a number of applications for 2018.





# GRADUATES

**SUEN TING EUGENIA FOK** Bachelor of Applied Finance with Bachelor of Commerce – Professional Accounting (2014-2017)

**SHIVRAJ NANRA** Bachelor of Commerce (2014-2015)

**ANDREW MAY** Doctor of Physiotherapy, Alliance Catering Scholarship, College Tutor (2014-2015)

**ALEACIA MCINTYRE** Bachelor of Arts, Dunmore Lang College Macquarie University Indigenous Incentive Scholarship (2015-2016)

**HANNAH DODD** Bachelor of Science – Psychology, Resident Adviser (2014-2016)

**REBECCA MCMURDO** Bachelor of Arts (2014-2016)

**KAMAL ATHAR** Master of Business Administration (2014-2016)

**GONZALO BONILLA MORENO** Master of Commerce (2016-2017)

**SOPHIE LI** Master of International Communication (2017)

**FEN LI** Master of International Communication (2016-2017)

**MARK COLLINS** Master of Security Studies (2016)

**BRAYDEN JONES** Master of Policing, Dunmore Lang College Post Graduate Scholarship, Senior Resident Adviser, Senior Duty (2013-2017)

**STEPHANIE QUINN** Bachelor of Arts (2014-2015)

**SAMUEL BISHOP-TAYLOR** Bachelor of Social Science (2013-2015)

**JESSICA PRESTON** Bachelor of Law, Resident Adviser, Senior Duty (2012-2015)

**SHANTELL BAILEY** Bachelor of Laws, Dunmore Lang College Macquarie University Indigenous Incentive Scholarship (2012-2017)

**ANDREW LAM** Bachelor of Commerce – Professional Accounting with Bachelor of Laws, College Tutor (2012-2017)



Emily Behan at MacKillop College in Bathurst

## COLLEGE AMBASSADORS

### MCCARTHY CATHOLIC COLLEGE, TAMWORTH

During the July holidays I went back to my High School, McCarthy Catholic College, to host a talk on what it is like to live at Dunmore Lang College and study at Macquarie University.

It's strange to think that less than a year ago I was a Year 12 student going to a similar talk and now I'm back giving the talk as a College Ambassador for Dunmore Lang College.

Six students attended the meeting which may seem like a small number, yet for McCarthy this was more than I expected as for a similar talk I attended last year only three people, including myself, attended.

Having a smaller group was such a success as they were all genuinely interested in attending Macquarie University and hearing more about Dunmore Lang.

The students were very engaged and excited to hear about the perfect balance that the College offers between a rich social life with activities such as the Ball and College parties, and academic opportunities such as smaller tutorials and academic dinners.

It's safe to say that Dunmore Lang's three meals a day and gym membership to Macquarie University Gym sealed the deal about which place they would choose for on-campus accommodation at Macquarie University.

**ROY BARNES**  
BACHELOR OF SOCIAL SCIENCE, LOOMBERAH

### ST JOSEPH'S REGIONAL COLLEGE, PORT MACQUARIE

During the July break some of my fellow College Ambassadors and I took the time to go back to our old high schools and talk about the College. It was a great experience to speak to current students and go back to see our previous teachers and high schools. The visits went well and teachers expressed that it was a rewarding experience for the current

Year 11 and 12 students to learn first-hand how university life and living on campus is from someone they used to go to school with and look up to. Many of the students asked questions about timetabling, if all classes were 'compulsory' and what College life involved. It was particularly useful for students from my old school as there are very limited tertiary education opportunities locally and so living on campus is an option that many were considering.

**HANNAH VOGEL**  
BACHELOR OF ANCIENT HISTORY, PORT MACQUARIE

### CARINYA CHRISTIAN SCHOOL, TAMWORTH



Dolly Powell and Claire McHattie at Carinya Christian School, Tamworth

As a College Ambassador, I was able to visit my old school and talk to the current Year 12 students about Dunmore Lang College. It was a great opportunity to see old friends and teachers, as well as to gain some experience with public speaking. I really enjoyed being able to get involved with one of the many leadership

opportunities that Dunmore Lang College offers and would definitely recommend it to everyone.

**DOLLY POWELL**  
BACHELOR OF COMMERCE, BACHELOR OF LAW, CALALA

### MARIAN CATHOLIC COLLEGE, GRIFFITH

On the 19th of July this year whilst we were travelling back to our high school in regional New South Wales, we discussed future degree opportunities at Macquarie University and our transition into University life, thanks to Dunmore Lang College.

At our school we spoke to Year 10, 11 and 12 students and answered questions and shared our opinions on living on campus and adjusting to life in a city, a huge change from growing up in a rural area.

Our presentation not only fuelled interest in students in applying to College but also gave

**THE COLLEGE AMBASSADOR PROGRAMME OFFER STUDENTS FROM ALL YEAR LEVELS AN OPPORTUNITY TO REPRESENT DUNMORE LANG COLLEGE AT COLLEGE AND IN THE WIDER COMMUNITY. OVER THE WINTER BREAK COLLEGE AMBASSADORS HAVE BEEN VISITING THEIR SCHOOLS ALL OVER THE STATE INCLUDING TAMWORTH, GRIFFITH, PORT MACQUARIE, DUBBO, BATHURST, ARMIDALE AND NORTH PARRAMATTA.**

students a chance to consider their options in tertiary studies.

It was a privilege to share our knowledge with the students at Marian Catholic College.

**TONY FATTORE**  
BACHELOR OF INTERNATIONAL STUDIES  
**GEREMY SARTOR**  
BACHELOR OF COMMERCE, GRIFFITH

### MACKILLOP COLLEGE, BATHURST

This year, I had the privilege of visiting my old high school, MacKillop College Bathurst, to represent and promote Dunmore Lang College.

I spoke to a group of Year 11 and 12 students, who are currently considering their options for future Universities and accommodation.

Thinking of what my previous 'little high school self' wanted to know about College, I was able to talk about everything that the College offers and how much I have already enjoyed my time here.

As a high school student from a regional city, I was able to emphasise how Dunmore Lang College provided me with an easy and stress-free transition to living in Sydney and studying at University.

It was great to be able to show that living away from home for the first time can be an exciting, fun and relaxed experience, all because of the excellent environment I live in at College.

I loved sharing my experience of College with the students and hope to see some Bathurst freshers at College next year and beyond.

**EMILY BEHAN**  
BACHELOR OF ARTS AND BACHELOR OF EDUCATION (SECONDARY), LLANARTH



Roy Barnes with students at McCarthy Catholic College, Tamworth

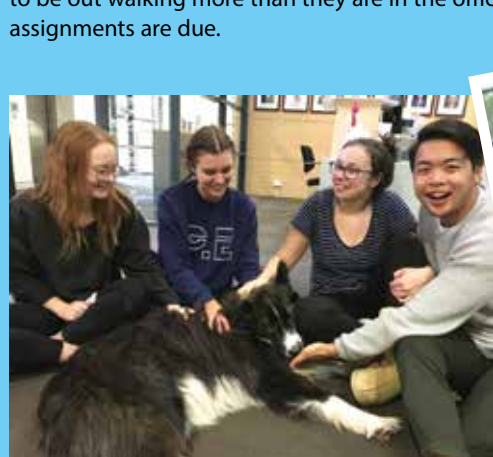


# NEW 'residents'

The Principal has recently started fostering rescue dogs through the charity, Fetching Dogs. In August he opened his home and office to Cody who was an instant favourite with students. Cody has now found a permanent home and Alasdair is looking forward to his next foster dog.

The Dean and her husband have adopted a furry friend from the same group. Tallis will be a regular around College and in the office.

The students enjoy having dogs around the College and they seem to be out walking more than they are in the office, especially when assignments are due.



# CONGRATULATIONS ZAC!



ZAC FREUDEN'S HARD WORK AND DEDICATION TO HIS SWIMMING PAID OFF RECENTLY WHEN HE COMPETED AS A MEMBER OF THE AUSTRALIAN TEAM IN THE 2017 MACCABIAH GAMES HELD IN ISRAEL DURING THE JULY BREAK.

He returned to Australia with a silver medal in the 4x200m freestyle relay, and bronze in both the 4x100m medley relay and the 1500m open water swim.

The Games are the third largest sporting competition in the world after the Olympics and the FIFA World Cup with athletes competing from 80 different countries.



# FOOD & MALAYSIA



YOU KNOW THAT PERSON WHO IS CONSTANTLY TALKING ABOUT, THINKING ABOUT AND LOOKING UP FOOD? THAT IS EVERY PERSON I MET IN MALAYSIA! WHETHER IT IS BECAUSE OF THE DIVERSITY OF CULTURE OR FOR THE LOVE OF FOOD, IT MADE MY TIME IN MALAYSIA AN INTERESTING ONE.

Although food was a huge part of my time in Malaysia, there are also many other experiences to be enjoyed in one of the most beautiful countries in the world.

I travelled to Malaysia to work in a recruitment firm called Six Degree Consulting. Arriving on the Monday and meeting all the people in the team was so calming and reassuring as the team welcomed me (and my silly questions) with friendly hospitality.

Through working on the social media platforms of LinkedIn and Facebook in my role, for example, I was exposed to some of the cultural differences between Western and Eastern cultures. The level of professionalism required and the expectation that was placed on the company to perform were something I had not seen in my time in Australia.

I was required to write and present regular reports on my findings and the positive feedback and vital critique for improvement helped me to gain confidence in my ability to present in a professional setting. I learned a great deal from the short time I was at Six Degree Consulting which I believe has helped me prepare for my own future in the workplace.

Although the workplace had high expectations, it was also relaxed, welcoming and honestly... fun. Lunch was an adventure as we would go to different places such as D Kandar Curry, which quite possibly served the best Banana Leaf, as well as a Chinese place located in Puchong where I tried shark fin for the first time (did not enjoy). The staff helped expose me to Malaysian culture, and for that I will be forever grateful. Thank you to Sunny, Kit and the team for everything.

Working from 9:30am to 6:30pm Monday to Friday I thought I wouldn't have any time to do

anything else but in fact there was still a lot of time to explore and learn about the city and the culture.

The main highlights from one of the tours included a 300 stair climb to the top for a tour of the Batu Caves. There were lots of monkeys which surprised me. It was only when we were well inside the caves that they proceeded to inform us of the 7-foot snake that climbs up the walls and eats bats every day!



The Petronas Towers are iconic in Kuala Lumpur, and deservedly so. At night the towers light up the city and provide an amazing chance for some pretty impressive photos. One of the best places to view these towers is from a place called Heli Pad. Located high and on the roof of a 34 storey traders building, the Heli Pad Lounge provides outstanding views of Petronas Towers and across the Kuala Lumpur cityscape.

Penang was quite possibly one of the most beautiful places I have ever seen. A suburb called Georgetown hosts street art on every corner with Little India on one side and Little China on the other. It is rich with history and culture. Penang is also home to Penang Hill, which boasts one of the most impressive views of the city and again, innumerable monkeys!

Whilst in Malaysia I made the most of my opportunities through attending mentoring sessions with successful individuals in Malaysian industry as well as a dinner with a past Macquarie alumna who completed her PhD in Linguistics. Not only did she travel nearly 4 hours to meet with us from Johor, she also brought local presents, which as you can guess, included food.

Malaysia is home to 63 enormous shopping malls (with at least a further six being built at present). They are all conveniently located

go hand in hand

throughout Kuala Lumpur, including next to the casino. The climate is hot and humid throughout the year so a visit to a nice cool shopping centre is always a relief. I definitely found this worked and visited Pavilion and 1 Utama numerous times for their shops but mostly for relief from the hot and humid climate.

It would not be right to finish without speaking about food once more. The 24-hour shop called Penang Road, located directly opposite my apartment, provided a consistently delicious choice of food and only cost around \$1.30 Australian. Bargain! My nightly after work treat was a garlic naan.

Malaysia was an amazing place to visit, and I would recommend it to anyone looking to travel through South East Asia. I am sure I will return at some stage soon.

GEORGIE QUADE, DUBBO  
BACHELOR OF ARTS AND BACHELOR  
OF COMMERCE





# Successful meetings start here!



Talk to our experienced team about planning your next meeting or conference at the Dunmore Lang Conference Centre.

Conveniently located next to Macquarie University with easy access to public transport, the University, Macquarie Shopping Centre as well as parkland walks for breaks between sessions.

Dunmore Lang Conference Centre offers four fully-serviced Conference rooms catering for small groups to up to 100 participants, on-site catering, administrative services, complimentary on-site parking and wi-fi.

From business meetings to fully-catered conferences and events our aim is to exceed your expectations.

For all event enquiries please:

Phone: (02) 9856 1011

Email: [events@dlc.nsw.edu.au](mailto:events@dlc.nsw.edu.au)

Web: [www.dlconference.com.au](http://www.dlconference.com.au)

## DUNMORE LANG COLLEGE

AN INDEPENDENT RESIDENTIAL COLLEGE  
AFFILIATED WITH MACQUARIE UNIVERSITY

130-134 Herring Road  
North Ryde, NSW 2113  
Australia

T: +61 2 9856 1000

E: [admissions@dlc.nsw.edu.au](mailto:admissions@dlc.nsw.edu.au)

W: [www.dunmorelangcollege.nsw.edu.au](http://www.dunmorelangcollege.nsw.edu.au)

Editor: Liza Allen, Dean of Students  
Design: Tanami Design 0407 820 949

## HOW TO APPLY

It's easy to apply, just go to our website:

[www.dunmorelangcollege.nsw.edu.au](http://www.dunmorelangcollege.nsw.edu.au)

and click on the link 'Apply Now'. Follow the prompts and we will be in touch with you shortly to continue the application process.

If you would like a tour please contact the College on 02 9856 1000

