

# SEXUAL ASSAULT

## Action Chart

Sexual assault is a crime and it is never the fault of the victim. It can happen to anyone, anywhere, and the offender is often known to the victim. The experience and impact of sexual assault is different for each individual and there is no 'right' way to feel or act. Whatever your response please be reassured it is a normal response to an extreme emotional and physical violation.

Dunmore Lang College takes seriously all reports of assault and we have resources and established relationships with external agencies to assist you. We will offer non-judgemental support, information, and assistance to access external counselling, medical and legal advice. We will act only with your permission, we will be guided by what you wish to do and do so at a pace with which you feel comfortable.

## WHO CAN I TALK TO?



- A friend or family member
- Dunmore Lang College Residential Adviser (RA) or Harassment Officer
- Dunmore Lang College Principal or Dean of Students
- Macquarie University Campus Wellbeing
- NSW Police
- Royal North Shore Hospital Sexual Assault Centre

## HOW CAN THEY HELP?



With your permission, the above people and services can support you with:

- ✓ Information and assistance to contact a specialist counsellor at RNSH Sexual Assault Centre
- ✓ Information about your options and support to make the right decision for you
- ✓ Support to access specialist medical or counselling services
- ✓ Information about your legal rights and where to obtain further information
- ✓ Organising an external mediator if you choose to resolve the issue between yourself and the other party

The College respects the rights of individuals to make their own decisions and we will support you in whichever course of action you choose to take. This can include choosing not to take formal action however, we strongly recommend you seek advice about your options and the services available first. There is always an opportunity to come back to the issue at a later date.